

# Dr. Manavi D. Sindal, M.S., F.M.R.F.

Head, Retina Services

Aravind Eye Hospital & Postgraduate Institute of Ophthalmology, Pondicherry

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## Professional Profile

Vitreo-retinal surgeon with 17+ years of clinical, surgical, academic, and leadership experience. Passionate about advancing patient care, teaching, and research with a strong commitment to eliminating preventable blindness.

## Education & Training

- MBBS – Krishna Institute of Medical Sciences, Karad (University First Rank)
- MS Ophthalmology – Seth G.S. Medical College & K.E.M. Hospital, Mumbai (University First Rank)
- Fellowship in Vitreo-retina (2 years) – Sankara Nethralaya, Medical Research Foundation, Chennai

## Clinical Experience

- At Aravind Eye Hospital, Pondicherry since 2009; >200,000 outpatients managed and >10,000 complex vitreo-retinal surgeries performed
- Special interest: Retinopathy of Prematurity, Diabetic retinopathy with an emphasis on complex surgeries, pediatric vitreoretinal diseases, imaging in retina and visual rehabilitation

## Academic & Research Contributions

- Publications: 74 (49 PubMed indexed; 23 original articles, 11 case reports, 7 commentaries)
- Reviewer: 20 peer-reviewed journals (18 international, 2 national)
- Book Chapters: 1
- Research involvement: Imaging trials, AI in DR, innovative surgical techniques

## Conferences & Teaching

- Conferences attended: 56 | Presentations: 169 | Lectures delivered: 29 | Webinars: 34
- Faculty at AIOS PG Update, CME programs, and IMA events
- Active in public awareness initiatives on Diabetic Retinopathy and AMD

## **Awards & Recognitions**

- IJO Gold Award & Certificate of Merit – 2021; IJO Silver Award - 2024
- Best Paper & Poster Awards – AIOC, TNOC, Sankara Nethralaya Alumni Meet (2023)
- Recipient of Pfizer Medallion in Medicine & multiple university gold medals

## **Professional Impact**

Strong academic foundation, consistent record of innovation, teaching, and clinical excellence. Dedicated to collaborative growth of the vitreoretinal community in India.