



Dr Mahesh Gopalakrishnan

MS DO DNB FRCS Ed FAICO PGDMLE

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Education

- Awarded honorary FAICO by AIOS 2025
- Post Graduate Diploma in medical law and ethics from National university of advanced legal studies (NUALS) 2022
- Basic course in biomedical research NPTEL 2022
- FRCS (Edinburgh) – 2001
- Fellowship in Vitreoretinal Surgery – Sankara Netralaya, Chennai - 2001
- DNB (Oph) – National Board of Examinations - 2000
- MS – Medical College, RIO, Thiruvananthapuram – 1999
- Fellowship in research - Sankara Netralaya, Chennai – 1999
- International Council of Ophthalmology Clinical Sciences Examination - 1998
- International Council of Ophthalmology Basic Sciences Examination - 1997
- DO – Medical College, RIO, Thiruvananthapuram – 1997
- MBBS – Medical College, Thiruvananthapuram – 1995

Professional Experience

- Head and Sr. Consultant – Vitreoretinal Services – Giridhar Eye Institute, Kochi (Since 2001)
- More than 10000 complex VR surgeries

Positions held

- Executive committee member VRSI 2021-23
- VRSI safety committee member 2021-23
- Joint secretary VRSI 2023-25
- Editor, Kerala Journal of Ophthalmology 2009-2011
- Scientific committee chairman, Kerala Society of Ophthalmic Surgeons 2015-2017
- Hon, General Secretary, Kerala Society of Ophthalmic Surgeons 2019-2021
- President, Kerala Society of Ophthalmic Surgeons 2024-25
- Treasurer, scientific committee chairman and general secretary of Cochin Ophthalmic Club
- Organizing secretary RETNET 2015 Cochin
- Organizing treasurer VRSI 2016, Kumarakom
- Joint organizing secretary of AIOC Cochin 2023
- Organized annual CME in national and international levels by Giridhar eye institute for past 24 years

Achievements and Awards

- National Ophthalmic Quiz conducted by All India Ophthalmological Society – Runner up in 2003 New Delhi and Winner in Varanasi 2004 and Cochin 2012
- Jethwa Oration award 2022 from Gujarat Ophthalmological Society
- Awarded gold medal by Bombay Ophthalmic Association 2025
- Presented instruction courses and chaired sessions in AIOC from 2005. Was judge and evaluator in free paper/poster sessions
- Presentations in ASRS, APVRS, APAO and EVRS
- Conducted sessions on medical law across India in various conferences including Instruction courses in AIOS
- Best poster award in the Kerala Society of Ophthalmic Surgeons meeting Drishti 2003

- Best paper Sankaramenon award in the Kerala Society of Ophthalmic Surgeons meeting Drishti 2005
- Best Paper Sivareddy award in the Kerala Society of Ophthalmic Surgeons meeting Drishti 2007
- Best posterior segment free paper award Kerala Society of Ophthalmic Surgeons meeting. Drishti 2008
- Best Video film Tony Fernandez award Kerala Society of Ophthalmic Surgeons meeting Drishti 2008
- Winner Noel Moniz Memorial Anterior Segment free paper award Kerala Society of Ophthalmic Surgeons meeting Drishti 2014
- Winner KGR Nair free paper award Kerala Society of Ophthalmic Surgeons meeting Drishti 2022

Reviewer

IJO, Eye, BMC Ophthalmology, Kerala Journal of Ophthalmology

Teaching Experience:

DNB teacher 19 years

Vitreoretinal fellowship trainer 19 years

Special Interests

- Macular diseases, imaging and complex PDR surgeries.

56 Publications in PubMed indexed peer reviewed journals